Wilderness and Remote First Aid Training

O'Neill Regional Park, 30892 Trabuco Canyon Road, Trabuco Canyon, CA Saturday and Sunday, 10/20-21/2012

Whether you're a scout, an outdoor enthusiast or you work in a remote environment, our Wilderness and Remote First Aid course gives you the skills you need to respond to an emergency when help may be delayed. This emergency could be the major earthquake or storm.

Topics include:

- Primary and Secondary Assessments
- Head (Brain), Neck and Spinal Injuries
- Heat-Related Emergencies and Hypothermia

- Altitude-Related Illnesses, Allergies and Anaphylaxis
- Bone and Joint Injuries and Burns
- Wounds and Wound Infection
- And more!

The course is based on the Boy Scouts of America Wilderness First Aid Curriculum and Doctrine Guidelines and offers enhanced content and topics to meet OSHA's Best Practices for Workplace First Aid Training Programs. The program offers flexibility for organizations and their instructors to adapt the course to varying environments. The course is being presented by Red Cross certified Instructors affiliated with Operation OC.



Prerequisites include a current Adult CPR/AED certificate from the American Red Cross or a recognized training agency within one year of issue, and a minimum age of 14. Each participant who successfully completes the Red Cross Wilderness and Remote First Aid course receives a certificate for successful completion. This certificate meets current wilderness first aid training requirements for a variety of organizations, including Boy Scouts of America, Girl Scouts of the USA, American Camp Association, and American Canoe Association.

Course size is limited to 25 students. The students will be from various organizations such as volunteers, Park Rangers, Citizen Corps and Emergency Medical Services to enhance the learning environment. Course fee is \$100, with a 10% deposit to be required. Please email our lead Instructor, Roger Tierney, at rrtierney@earthlink.net to initiate registration for the training.