**FIRST AID KIT**

A first aid kit is one of the few items that you should have on hand for your home at all times. Include:

- Band-Aids and bandages
- Antiseptic and topical ointments
- Pain relievers
- Antibacterial gel
- Antiallergy and antihistamine medications
- Antacids
- Non-prescription pain relievers
- Colorless eye drops
- Petroleum jelly
- Antiperspirant & deodorant
- Small disposable ophthalmic instruments

**STOP CONNECTED**

Many distance phone lines often work before local phone lines do, so identify an out-of-state contact and provide the person with the contact information of people you want to keep in touch with. Share this information with your family, and friends locally.

If your phone is down, you can still make local phone calls by using a cell phone, or going to the nearest pay telephone.

**KEEP TOOLS ON HAND**

- Screwdrivers
- Pliers
- Tape
- Tube tent
- Non-electric can opener
- Utility knife
- Scissors
- Plastic storage containers

Keep the items that you would most likely need on hand:

- Compass
- Map of the area (for locating shelters)
- Battery operated radio
- Battery operated flashlight
- Hand operated flashlight
- Signal flare
- Whistle
- Tent
- First aid kit
- Whistle
- Sleeping bag
- Blanket
- Rain gear
- Map of the area (for locating shelters)

- If you lose your water tap, open the drain at the bottom, or strain them to the bottom, or strain them to let any suspended particles settle.
- To use the water in your hot-water tank, you must turn the tap on the cold-water faucet to make the water warm.
- After an earthquake, check all plumbing for damage or cracked, leaking pipes.
- If you are told to evacuate by local officials, don't make this decision on your own. Use your judgment.

**PREPARE A HURRICANE KIT**

1. Important family emergency contacts
2. Sources of financial aid
3. Important family emergency documents
4. Important family emergency medications
5. Important family emergency medications
6. Important family emergency medications

**LOCATIONAL HURRICANE KIT**

- First aid kit
- Medicine dropper
- Metre
- Non-electric can opener
- Cold pack
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- Cold pack
- Non-electric can opener
- Cold pack

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**GENERAL PREPAREDNESS TIPS**

- Stay calm and follow the direction of the person in charge.
- Follow instructions of public safety officials.
- Keep your emergency supplies and medications up-to-date and within reach.
- Lock your home, if possible.
- Identify ahead of time where you will go in case of an emergency.
- Consider the need to take any prescription medications and medications, supplies, and other important documents with you.
- Store your purse in a convenient place known to all family members. Keep a smaller version of the supplies kit in your purse.

**FOOD STORAGE TIPS**

- Keep food cool at all times. Do not leave food in a car or in a hot vehicle.
- Choose foods that require no refrigeration, preparation or cooking.
- Be familiar with your food supply. Keep in mind that food may last longer than you anticipated.
- Make sure you have a supply of water. Water is a critical need in any disaster. Water is essential for life. People can survive without food for longer than they can survive without water.
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**GET OUT QUICKLY**

If you are told to evacuate by local officials, immediately:

- Wear shoes and dress appropriately for the weather.
- Take emergency supplies and medications with you.
- Lock your home, if possible.
- Be sure to tell all emergency responders where you will go and how you will get there.
- Make sure you have a supply of water. Water is a critical need in any disaster. Water is essential for life. People can survive without food for longer than they can survive without water.

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